**North Norfolk Shore Dives – Approximate Slack Water Times Summer 2023.**

The Rosalie (Weybourne) and The Vera (Cley) are best dived on Low Tide slack so you can see the wreck to swim out to it. High Tide slack water dives are good at East Runton, Sheringham, or the chalk reef at Weybourne. Decide where you want to go according to High Tide or Low Tide. Suggested times here but do check and you can easily calculate other days using tide tables.

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| **Date** | **Low Tide / High Tide** | **Meet Time**  | **Enter Water (slack starts)** |
| Sun 2 July | 12.55 LT | 13.30 | 14.30 |
| Wed 5 July | 15.40 LT | 16.15 | 17.15 |
| Fri 7 July | 09.55 HT | 11.00 | 12.00 |
| Fri 7 July | 17.20 LT | 17.45 | 18.45 |
| Sat 8 July | 10.45 HT | 11.45 | 12.45 |
| Sat 8 July | 18.10 LT | 18.30 | 19.40 |
| Sun 9 July | 06.09 LT | 06.40 | 07.40 |
| Sun 9 July | 11.40 HT | 12.40 | 13.40 |
| Sun 9 July | 19.00 HT | 20.00 | 21.00 |
| Sat 15 July | 12.25 LT | 13.00 | 14.00 |
| Sun 16 July | 06.30 HT | 07.30 | 08.30 |
| Sun 16 July | 13.20 LT | 13.45 | 14.45 |
| Sat 22 July | 09.55 HT | 10.55 | 11.55 |
| Sat 22 July | 17.00 LT | 17.30 | 18.30 |
| Sun 23 July | 10.24 HT | 11.30 | 12.24 |
| Sun 23 July | 17.30 LT | 18.00 | 19.00 |
| Sat 29 July | 10.17 LT | 10.45 | 11.45 |
| Sat 29 july | 16.20 HT | 17.20 | 18.20 |
| Sun 30 July | 11.35 LT | 12.00 | 13.00 |
| Sun 30 July | 17.25 HT | 18.30 | 19.25 |
| Mon 31 July | 12.45 LT | 13.15 | 14.15 |
| Tues 1 Aug | 13.50 LT | 14.15 | 15.15 |
| Wed 2 Aug | 14.45 LT | 15.15 | 16.15 |
| Thurs 3 Aug | 15.30 LT | 16.00 | 17.00 |
| Fri 4 Aug | 16.15 LT | 16.45 | 17.45 |
| Sat 5 Aug | 09.40 HT | 10.30 | 11.40 |
| Sat 5 Aug | 17.00 LT | 17.30 | 18.30 |
| Sun 6 Aug | 10.24 HT | 11.25 | 12.25 |
| Sun 6 Aug | 17.45 LT | 18.15 | 19.15 |
| Sat 12 Aug | 11.10 LT | 11.30 | 12.40 |
| Sat 12 Aug | 17.00 HT | 18.00 | 19.00 |
| Sun 13 Aug | 12.25 LT | 12.45 | 13.50 |
| Sun 13 Aug | 18.05 HT | 19.00 | 20.00 |
| Mon 14 Aug | 13.15 LT | 13.45 | 14.45 |
| Tues 15 Aug | 14.00 LT | 14.30 | 15.30 |
| Wed 16 Aug | 14.30 LT | 15.00 | 16.00 |
| Thurs 17 Aug  | 15.05 LT | 15.30 | 16.30 |
| Fri 18 Aug | 15.35 LT | 16.00 | 17.00 |
| Sat 19 Aug | 09.00 HT | 10.00 | 11.00 |
| Sat 19 Aug | 16.00 LT | 16.30 | 17.30 |
| Sun 20 Aug | 09.20 HT | 10.20 | 11.20 |
| Sun 20 Aug | 16.30 LT | 17.00 | 18.00 |
| Mon 21 Aug | 17.00 LT | 17.30 | 18.30 |
| Tues 22 Aug | 17.30 LT | 18.00 | 19.00 |
| Wed 23 Aug | 18.00 LT | 18.30 | 19.30 |
| Sat 26 Aug | 08.20 LT | 08.50 | 09.50 |
| Sat 26 Aug | 14.40 HT | 15.45 | 16.40 |
| Sun 27 Aug | 09.50 LT | 10.00 | 11.15 |
| Sun 27 Aug | 16.10 HT | 17.00 | 18.10 |
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